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Eating Greens

What could be better than cooking with fresh, colourful ingredients and feasting on it with family and friends to your heart's content? Cooking is not just a craft, but pure joie de vivre, sensual pleasure - and deeply political.

That is exactly why we have put together this delicious cookery book. It contains 50 favourite recipes from Greens/EFA Members of European Parliament and invites you to try them yourself. There are also practical tips on food waste and EU agricultural policy explained for everyone.

We hope that this cookbook will not only bring joy and variety to your everyday cooking, but also inspire you to try something new and get creative in the kitchen. That's a win-win situation for us, nature and a future worth living. Have fun and bon appétit!

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