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World Bee Day

Some tips to help bees every day

1) Replace pesticides

Give up chemicals and insect poisons in your home and garden.

Replace these products with more environmentally and bee-friendly alternatives. Natural repellents (e.g. planting mint around cabbages to protect them from caterpillars) and predatory insects such as ladybirds, green chrysopes, frogs, hedgehogs or even birds are effective solutions that avoid the use of pesticides.

Another tip, don't be afraid of weeds. Let them grow along the plants, bees will be protected in case of rain or heavy temperature drops.

2) Feeding and watering bees

Bees need flowers for food. Here are some basic tips to best meet their needs:

Preserving the diversity of plants in your garden is essential for the health of bees, it allows them to have a balanced diet.

Make sure you have a flowered garden all year round and grow plants with different flowering periods.

Choose native plants that are suitable for our bees and naturally adapt to local soils and climates.

To water bees, install a water container in your garden. Place some stones on the surface to help them out and avoid drowning.

3) Provide a roof for bees

Install shelters to allow bees to nest or protect themselves from the elements.

First, find a peaceful and green place to place your shelter. Wild flowers such as poppies, barbel and lullaby are perfect for the bee environment. Then several options are possible, for the realization of your refuge, according to your means and space at disposal.

build a miniature house or shelter with resistant wood such as beech and oak

If you ever have a bird feeder that you no longer use, you can recycle it into a bee shelter: Place clay and a brick with small holes in it, you can also add terracotta and flower pots. To make everything comfortable and pleasant furnish with hollow stems, twigs, bamboos and straw.

4) Eat preferably local, organic and seasonal

Choose organic baskets, local farm produce or grow your own garden. They are simple solutions to help build a better world for us and our pollinators. You thus contribute to the development of a more sustainable agriculture without pesticides and GMOs harmful to the health of bees and the maintenance of biodiversity.

5) Protect swarms of bees

If you see a swarm of bees near your home, contact the authorities who will try to find a beekeeper to look after them.

Alcune idee per aiutare le api su base giornaliera

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